

DOCTOR'S STATEMENT (Bipolar Disorder)

To be completed by the patient's attending doctor

A. Patient's particulars

Name (as shown in NRIC / Passport)	NRIC / Passport Number
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B. Patient's medical records

1. Please state the period of patient's record with the Hospital/Clinic?

a. Date of first consultation _____ (dd/mm/yyyy)

b. Date of last consultation _____ (dd/mm/yyyy)

Please provide reason for consultations:

Consultation date	Reason for consultation

2. Are you the patient's regular doctor? ☐ Yes ☐ No

If Yes, since when? _____ (dd/mm/yyyy)

If No, please provide the Name and Address of the patient's regular doctor (if known to you):

3. Was the patient referred to you? ☐ Yes ☐ No

If Yes, please provide details:

Date of referral	Reason for referral	Name and Address of doctor referred to

4. Have you referred the patient to other doctor/hospital/clinic? ☐ Yes ☐ No

If Yes, please provide details:

Date of referral	Reason for referral	Name and Address of doctor referred to

CTPIS/LIFE/CLM-DS-BD/072025

5. Does the patient have any family history? ☐ Yes ☐ No

If Yes, please provide details:

Age at onset	Relationship to the patient	Nature of Condition

6. Does the patient have any other significant health conditions, medical history or any illnesses (e.g. hypertension, diabetes, hyperlipidaemia, tumour, hepatitis etc)? ☐ Yes ☐ No

If Yes, please provide details:

Diagnosis Date	Diagnosis & Treatment	Name and address of doctor who treated patient

7. Please give details of the patient's habits in relation to cigarette smoking.

No. of years of smoking	No. of sticks per day	Source of information

8. Please give details of the patient's habit in relation to alcohol consumption.

Type	Quantity	Frequency (per week / month)	Source of Information

C. Detail of Illness/Condition

1. When did patient first consult a doctor for the condition? _____(dd/mm/yyyy)

2. Please state symptoms presented and the date symptoms first appeared:

Symptoms Presented	Date symptoms first appeared	Source of information (Patient / Referring doctor* / others*) <i>*Please specify name and address of source</i>

3. What was the underlying cause of the symptoms?

4. Was the patient diagnosed with Bipolar Disorder?

☐ Yes ☐ No

If No, please provide the final & full diagnosis:

5. When was the date of diagnosis?

_____(dd/mm/yyyy)

6. When was the diagnosis first made known to the patient?

_____(dd/mm/yyyy)

7. Was the diagnosis confirmed by a registered psychiatrist?

☐ Yes ☐ No

Please provide details of the psychiatrist who first made the diagnosis:

Name of doctor / specialist	Address of doctor / specialist

8. Please provide details and results of all investigation / tests performed and attach a copy of them which confirmed the diagnosis:

Investigation / tests	Date (dd/mm/yyyy)	Result of investigation / tests

9. Was the diagnosis of Bipolar Disorder confirmed according to the criteria of Diagnostic Statistical Manual of Mental Disorders (DSM)-5 or any subsequent DSM update or alternative criteria that supersedes DSM?

☐ Yes ☐ No

If No, please provide details on what basis was the condition being diagnosed:

10. Was there clinically significant distress or impairment in social, occupational or other important areas of functioning?

☐ Yes ☐ No

If Yes, please provide details on the areas of functions and distress/impairment:

11. Please provide details of treatment including medication:

Treatment	Start Date	End Date	Name & Address of treating doctor

12. Was the patient admitted to a hospital?

☐ Yes ☐ No

If Yes, please provide details:

- a. Was the admission recommended by a registered psychiatrist?
- b. Was the admission due to primary diagnosis of Bipolar Disorder?
- c. Was the admission to a psychiatric ward?
- d. Was the admission solely for the treatment of and rehabilitation from Bipolar Disorder?

☐ Yes ☐ No

☐ Yes ☐ No

☐ Yes ☐ No

☐ Yes ☐ No

If No to any of the above, please provide details:

e. What were the admission and discharge dates of each admission?

Admission date(s) (dd/mm/yyyy)	Discharge date(s) (dd/mm/yyyy)	Address of hospital

13. Was the patient's condition in any way related or due to:

- | | |
|--|--|
| a. Alcohol abuse/misuse? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| b. Drug abuse/misuse or use of drug not prescribed by registered medical practitioner? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| c. Presence of AIDS or HIV infection? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| d. Congenital anomaly or defect? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| e. Attempted suicide or self-inflicted injuries? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| f. Donation of any of his/her organs? | <input type="checkbox"/> Yes <input type="checkbox"/> No |

If Yes to above, please provide details:

Diagnosis date	Diagnosis	Name and address of doctor who treated patient

D. Other Information

1. Has the patient previously suffered from condition(s) specified above or any possible related illnesses? ☐ Yes ☐ No

If Yes, please provide details:

Diagnosis date	Diagnosis	Name and address of doctor who treated patient

2. Is the patient mentally incapacitated in accordance to the Mental Capacity Act (Chapter 177A of Singapore)? ☐ Yes ☐ No

Please describe his/her mental and cognitive abilities.

3. Please provide us with any other additional information that will assist us in assessing the claim.

E. Medical reports

Please attach copies of the following reports:

- All diagnostic investigation results
- All relevant hospital, laboratory and test results including referral letters.

F. Details of attending Doctor

Signature of attending doctor	Date (dd/mm/yyyy) ____ / ____ / ____
Name & Qualification:	Address and Official Stamp of Hospital / Clinic: